

Curriculum Map PE



Group	Block 1		Block 2	Block 3	Block 4	Block 5	Block 6
EYFS and Infants Year A:	Movement and core: Link to animals and their habitats. Autumn One houses and homes.		Movement to music - Link to festival celebration. In tandem with primary teacher planning.	Apparatus: Large and small. Playing safe.	Parachute play (playing with others)	Ball play/game play Releasing, receiving and targeting.	Large apparatus/game play
EYFS and Infants Year B:	Movement and core: Performance of what our school means to us. Link to topic - Our school.		Movement to music: Link to festival celebration. In tandem with primary teacher planning.	Apparatus: Large and small. Exploring our body. Exploring the story Jack and the beanstalk, (link to primary planning)	Multiskills: Playing as a team and competition. Link to science planning - Keeping healthy.	Ball play/game play: Types of technique and targeting.	Large apparatus / game play.
Lower Juniors Year A	Gymnastics and Movement:		Ball skills - Kicking, rolling, throwing.	Game playing: Playing with others, taking turns, leading.	Team building: Communication	Athletics: Running, Jumping, throwing - introduction to equipment.	Striking and fielding: Types of games and equipment.
Lower Juniors Year B	Gymnastics and dance		Ball skills. Defending and attacking	Multiskills: Bat and ball, targets. Competition	Teambuilding: Communication continued	Athletics: Running, Jumping and throwing. Technique and measuring	Striking and fielding: Small games - targets to reach
Upper Juniors Year A	Introduction to rhythmic gymnastics		Playing a ball game: bin ball, goalball. Learning Rules	Health and fitness . Your body and how it works. (naming parts)	Team Building: working with others	Athletics: Expanding on athletic events - min indoor athletics.	Striking and Fielding: Playing a game, learning the rules.
Upper Juniors Year B	Rhythmic gymnastics continued		Playing a ball game: Basic strategy and team plays	Health and fitness: circuit training	Teambuilding: dealing with conflict and stress	Athletics: Indoor Olympics.	Striking and fielding: Playing the game.
KS 3	Gymnastics: Use of basic gymnastic equipment.	Judo	Ball Skills including Goalball and blind football. Tactics and use of space.	Health and fitness Heart rate and effect on the body	Team Building: Leadership	Athletics: Setting targets.	Striking and fielding; Roles and responsibilities.
KS 4	Gymnastics. Gymnastic equipment. Increase of size and difficulty	Judo	Ball Skills including Goalball and blind football. Playing in a game situation	Health and Fitness Core strength. Changes to the body and muscles with age.	Team Building: Being part of a group and different roles.	Striking and fielding: Designing a game	Athletics: Competition
Session 2	Baseline fitness/circuit training		Yoga	Boccia	Ultimate Athlete	Leading a session	Running a competition
KS 5	PE - Competition GMAC		PE - Goal ball GMAC	PE - Judo GMAC	PE - Blind football/football GMAC	PE - Striking and fielding GMAC	PE - Athletics GMAC