Curriculum Map PE

KS 1 & 2

Autumn Half Term 1	Autumn Half Term 2	Spring Half Term 1	Spring Half Term 2	Summer Half Term 1	Summer Half Term 2
Knowledge acquired					
Base line assessment Gymnastics – Mat work focusing on core building and balance. Combining sequences of movement, jumps and balance.	Ball games – Introduction to football and goal ball.	Health and fitness – Learning about our body and what happens when we exercise. How can we prepare for exercise and how to stay fit at home	Team building Working with others, taking turns and thinking about how to communicate. Some problem solving and older pupils thinking about leadership where appropriate.	Athletics Looking at the three core disciplines, running, jumping and throwing. Using opportunities to develop coordination across the PE curriculum.	Striking and fielding Playing a variety of different games that will support pupils in all other areas.
Skills acquired					
VI Specific Learning Mobility and orientation Sensory awareness Independent movement Turn-taking Listening skills Self-confidence in physical activity Safe movement in different environments Physical skills – Balance Coordination Agility Speed Strength Throwing and catching Kicking and striking Running and jumping				**Digital Literacy** Responsible use of technology Recording and reviewing performance Interpreting data and statistics Digital communication and collaboration Online safety and digital citizenship Research and information evaluation **Oracy Development** Active listening Turn-taking Questioning Giving instructions Explaining and justifying opinions Team communication Discussion and reflection Leadership and coaching language	

	Key Assessments taking place
	Assessment will take place through performance tests, fitness tests peer and self-assessment. Summative and formative assessments by staff throughout the topics